

WEEKLY LUNCH MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Soup	Carrot & Lentil (Made with Gluten free products)	Spring Greens (Made with Gluten free products)	Roasted Red Pepper & Tomato (Made with Gluten free products)			
Main	Panko Coated Chicken with Katsu Sauce (Gluten free option available)	Greek Style Lamb with Chopped Olives, Fresh Herbs and Crumbled Feta (Made with Gluten free products)	Chicken Tikka Masala (Made with Gluten free products)			
Chef's Pasta Bar	Chef's Italian Pasta Bar (Gluten free option available)					
Vegetarian Option	Cauliflower Pakora with Katsu Sauce (Gluten free option available)	Sweet Potato, Spinach & Chickpea Tagine CELERY (Gluten free option available)	Vegetable Tikka CELERY (Gluten free option available)			
Baked Potato	Baked Sweet Or Local Potatoes - Baked Beans & Cold Toppings					
Dessert	Creamy Rice Pudding & Hot Jam Sauce MILK, GLUTEN (Gluten free dessert available)	Rhubarb & Apple Oatie Crumble with Custard GLUTEN, MILK (Gluten free dessert available)	Fresh Fruit Salad and Jelly			



WEEKLY DINNER MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Soup	Chef's Soup of the Day						
Main	(Pick a Pasta) Spaghetti Rigatoni Pasta GF Pasta GLUTEN (Gluten free option available)	Red Roast Pork Bao Buns with Pickled Cucumber Relish MILK, GLUTEN, EGG,WHEAT (Gluten free option available)	American Hot Dog, with Sautéed Onions, Gherkin, Ketchup & Mustard MILK, GLUTEN, EGG,WHEAT (Gluten free option available				
Vegetarian Option	(Pick Your Sauce) Bolognese, Carbonara, Pepper & Chorizo, Tomato & Pesto MILK (Gluten free option available)	Pulled Jackfruit Bao Bun with Pickled Cucumber Relish (Gluten free option available)	American Vegetable Dog, with Sautéed Onions, Gherkin, Ketchup & Mustard (Gluten free option available)				
Sides	Tossed Salad Tenderstem Broccoli Garlic Dough Balls Parmesan	Fried Rice Sautéed Pak Choi Mangetout Asian Slaw	Loaded Wedges Corn on the Cob Red Cabbage Slaw Iced Tea				
Dessert	Fresh Cut Fruit & Yoghurt Bar MILK, (Gluten free dessert available)	Churros with Chocolate Sauce (Gluten free dessert available) Soya, milk, GLUTEN, EGG	American Pancakes MILK,EGG, GLUTEN (Gluten free dessert available)				



Special Diets



	Monday	Tuesday	Wednesday	Thursday	Friday
Made with Gluten free products	Chicken with Katsu sauce Cauliflower Pakora with katsu sauce Pasta Bar Baked Sweet Or Local Potatoes	Greek style lamb with chopped olives, fresh herbs and crumbled feta Sweet potato, spinach & chickpea tagine Pasta Bar Baked Sweet Or Local Potatoes	Creamy chicken tikka masala Vegetable Tikka Pasta Bar Baked Sweet Or Local Potatoes		
No Pork	Panko coated Chicken with Katsu sauce Cauliflower pakora with katsu sauce Pasta Bar Baked Sweet Or Local Potatoes	Greek style lamb with chopped olives, fresh herbs and crumbled feta Sweet potato, spinach & chickpea tagine Pasta Bar Baked Sweet Or Local Potatoes	Creamy chicken tikka masala Vegetable Tikka Pasta Bar Baked Sweet Or Local Potatoes		
No Beef	Panko coated Chicken with Katsu sauce Cauliflower pakora with katsu sauce Pasta Bar Baked Sweet Or Local Potatoes	Greek style lamb with chopped olives, fresh herbs and crumbled feta Sweet potato, spinach & chickpea tagine Pasta Bar Baked Sweet Or Local Potatoes	Creamy chicken tikka masala Vegetable Tikka Pasta Bar Baked Sweet Or Local Potatoes		
No Dairy/ Eggs	Panko coated Chicken with Katsu sauce Cauliflower Pakora with katsu sauce Pasta Bar Baked Sweet Or Local Potatoes	Greek style lamb with chopped olives, fresh herbs Sweet potato, spinach & chickpea tagine Pasta Bar Baked Sweet Or Local Potatoes	Chicken tikka masala Vegetable Tikka Pasta Bar Baked Sweet Or Local Potatoes		
Halal	Panko coated Chicken with Katsu sauce Cauliflower pakora with katsu sauce Pasta Bar Baked Sweet Or Local Potatoes	Greek style lamb with chopped olives, fresh herbs and crumbled feta Sweet potato, spinach & chickpea tagine Pasta Bar Baked Sweet Or Local Potatoes	Creamy chicken tikka masala Vegetable Tikka Pasta Bar Baked Sweet Or Local Potatoes		
Vegetarian	Cauliflower Pakora with katsu sauce Pasta Bar Baked Sweet Or Local Potatoes	Sweet potato, spinach & chickpea tagine Pasta Bar Baked Sweet Or Local Potatoes	Vegetable Tikka Pasta Bar Baked Sweet Or Local Potatoes		